



# CAPRICE BOURRET

Actress, Producer, Philanthropist

[www.capricebourret.com](http://www.capricebourret.com)

[www.jjloveproductions.com](http://www.jjloveproductions.com)

[www.bycapricehome.com](http://www.bycapricehome.com)

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# CAREER HIGHLIGHTS

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## **Caprice Bourret**

### **International Model & Entrepreneur**

One of the most photographed women in the world

**'350 Magazine Covers Across The Globe'**

**'Starred in over 200 TV shows and Movies'**

Three years running voted

**'Maxim Magazines Women of the Year'**

**'GQ's International Woman of the Year'**

Best selling calendars 5 years running

Playing lead roles in London's West End

**'The Vagina Monologues'**

And

**'Rent'**

Produced and Lead Role in hit musical

**'Debbie does Dallas The Musical'**

Launched her autobiography

**Caprice...My Boys, My Body, My Business**

**Founder and CEO of By Caprice Products**

**Loved by Caprice, exclusive to Peacocks**

Philanthropist

**Women's Trust** - Patron

**Brain Tumour Research** - Patron

**Tikva** - Patron

**Jewish Care** - Patron

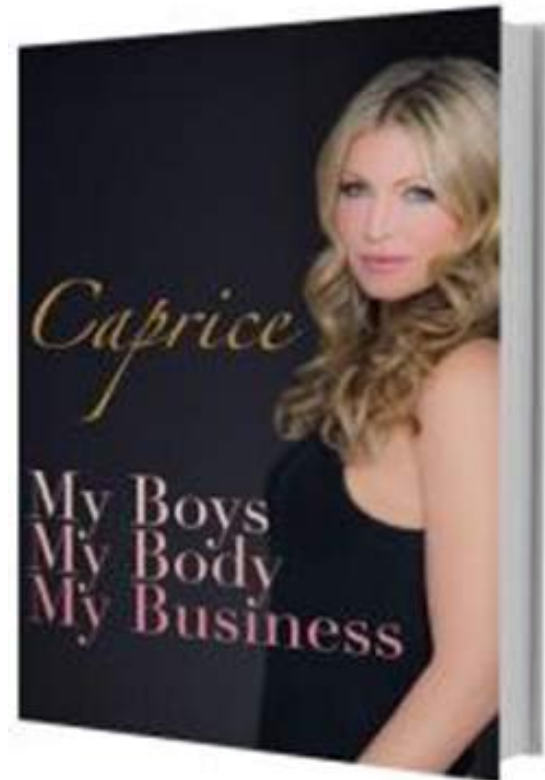
**Princes Trust** - Ambassador

**Childline** - Ambassador

**Drop4Drop** - Ambassador

**Action on Addition** - Committee member

**Mommy to Jax and Jett**



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# BIBLIOGRAPHY

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Caprice Bourret (@capricebourret - 700,000 followers on instagram) is an award winning top model, actress and producer.

Having shot to fame in the early 2000's, Caprice's break-through front cover was Vogue Magazine. She is often referred to as 'one of the most photographed women in the world' and has appeared on more than 350 magazine covers across the globe and over 200 TV shows and films.

From her humble beginnings in Southern California, Caprice settled in England in her early 20's and is now a true adopted Brit.

Caprice has been voted GQ Magazine's Woman of the Year and Maxim's International Woman of the Year for three years running, furthermore she has gone on to recently win a Mum's In Business Award, High Profile Parent Of The Year Award and Celeb Mum Of The Year Award. Her American entrepreneurial spirit has seen her diversify into other areas such as music and acting, as well as, investing her first million in property at a young age.

Having starred in a number of West End productions, including the lead in Rent and Vagina Monologues. Caprice bought the rights to the hit production, 'Debbie Does Dallas the musical' which she produced and starred in.

Caprice is known for her savvy business acumen having founded By Caprice Home and Loved By Caprice, these brands are hugely successful and now scaling to America.

This year she has produced and starred in 2 films, most recently "Christmas In Serbia" where she played the lead actress Ivy Allen and in Sun, Rose and Romance, where she played the antagonist, Eliza Vandeusen. She is currently in development to produce and play the leading lady in another 2 films.

Caprice uses her own success and life experience to empower and inspire through motivational talks. She usually headlines the events which cater to Entrepreneurs and CEO's. She travels all throughout Europe for these bookings.

An avid philanthropist, she has raised hundreds of thousands of pounds for charities and Caprice is patron to Woman's Trust and Brain Tumor Research, Tikva, Jewish Care . Caprice and her partner Ty Comfort reside in London with their two beautiful children Jett and Jax.

SAG, AFTRA, EQUITY

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SAG - AFTRA, EQUITY

[www.capricebourret.com](http://www.capricebourret.com)

Eyes: Blue | Hair: Blonde | Height: 5'8

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## FILM

- **2024 CHRISTMAS IN SERBIA** [IVY ALLEN] JJLOVE PRODUCTIONS
- **2024 A TOAST TO LOVE** [ELIZA VANDEUSEN] JJLOVE PRODUCTIONS, CANDLELIGHT MEDIA GROUP
- **2021 CHRISTMAS IN THE HIGHLANDS** [MRS FERD] TRIVENTURE FILMS, HALLMARK
- **2019 IN2RUDERS** [RAVENA SERPENTINE] TRAILBLAZER FILMS, AMAZON PRIME
- **2017 SHARKNANDO** [POLARICE] SYFY CHANNEL - CAST IAN ZIERING, TARA REID
- **2010 THE PINOCCHIO EFFECT** [MARY] UK FILM - CAST MARK PHOENIX, JAY SIMON
- **2005 HOLLYWOOD FLIES** [CHERIE] HBO FILM FABIO SEGATORI - CAST VINNIE JONES, BRAD RENFRO
- **2005 ALI BABA & THE 40 THIEVES** [MORGANA] ANIMATION BKN NEW MEDIA
- **2005 AVID MERRION'S XXXMAS SPECIAL** [GOLDDILOCKS] CHANNEL 4, BELLYACHE PRODUCTIONS
- **2004 TOP BUZZER** [WAITRESS] MTV, LITTLE WEDNESDAY
- **2003 3 CROSSES** [SUPPORTING ACTRESS] OCTOBER ELEVEN PICTURES, JASON FIGGIS
- **2002 NAILING VIENNA** [CRYSTAL], JONATHAN ENGLISH
- **2002 MAN WITH RAIN IN HIS SHOES**, SUPPORTING MARIA RIPOLL
- **2001 BUBBLES** [AMERICAN WOMAN] SUPPORTING MIKE SOUTHAN
- **2000 THE DREAM TEAM** [DANI WEST] US TV SERIES, SKY ONR. CAST DEAN HAMILTON
- **2000 TWICE UPON A YESTERDAY** [PRESENTER] CAST PENELOPE CRUZ
- **2000 HOLLYWOOD FILES**, (LEAD ACTRESS - CHERIE), FABIO SEGATORI
- NOMINATED FOR AN AWARD AT THE **RUSHES FILM FESTIVAL**

## TELEVISION

- **2023 CELEBRITY HOMES** ITVBE
- **2021 GMB NEWS [CELEBRITY GUEST]** NIGEL FARAGE, ITV
- **2021 MTV CRIBS** [HERSELF]
- **2020 DANCING ON ICE** [CELEBRITY CONTESTANT] ITV
- **2019 MY BAD** [LUCY] ITV
- **2019 CELEBS ON THE FARM** [CELEBRITY CONTESTANT] 5 STAR
- **2019 MEET THE PAW-RENTS** [MAIN GUEST] CHANNEL 5
- **2018 BRITAIN'S FAVOURITE ROMANTIC COMEDY** [MAIN GUEST] CHANNEL 5
- **2018 THROUGH THE KEYHOLE** [MAIN GUEST] ITV
- **2016 LOOSE WOMEN** [CELEBRITY PANELLIST], ITV
- **2016 THE MOST SHOCKING CELEB MOMENTS** [LEAD COMMENTATOR] CHANNEL 5



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# CAPRICE BOURRET

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## TELEVISION [CONTINUED]

- **2016 LONDON TONIGHT** [CELEBRITY INTERVIEW] ITV NEWS LONDON
- **2015 MTV EUROPEAN MUSIC AWARDS** [PRESENTER] WITH STEVEN TYLER
- **2015 BBC WORLD NEWS** [GUEST] BBC WORLD NEWS
- **2015 IRELAND AM** [MAINGUEST] TV3
- **2015 THE RAY DARCY SHOW** [MAINGUEST] RT ONE
- **2015 OK! TV** [GUEST] OK! TV
- **2015 LOOSE WOMEN** [MAINGUEST] ITV
- **2015 BBC BREAKFAST** [MAINGUEST] BBC
- **2015 20 MOMENTS THAT ROCKED THE 90'S** [DOCUMENTARY COMMENTATOR] CHANNEL 5
- **2015 BBC 5 LIVE WITH STEPHEN NOLAN** [MAINGUEST] BBC
- **2014 THIS WEEK** [MAINGUEST] BBC ONE
- **2014 KTLA 5 NEWS AMERICA** [MAINGUEST] KTLA
- **2014 FOX NEWS** [GUEST] FOX AMERICA]
- **2014 EXTRA WITH MARIO LOPEZ** [GUEST] WARNER BROTHERS TV DISTRIBUTION
- **2014 WHO'S DOING THE DISHES** [CELEBRITY GUEST] ITV
- **2014 TODAY: THE AMERICAN TALK SHOW** [GUEST] CNBC
- **2014 WATCH WHAT'S HAPPENING LIVE** [MAIN GUEST] BRAVO WITH ANDY COHEN
- **2013 THE IMPORTANCE OF BEING FAMOUS** [GUEST INTERVIEWEE] WITH PIERS MORGAN
- **2013 SPLASH UK** [CELEBRITY CONTESTANT] ITV
- **2013 SPORTS RELIEF** [CELEBRITY GUEST] BBC
- **2013 THIS MORNING** [MAIN GUEST] ITV
- **2010 STYLE WARS** [LEAD JUDGE] TV 3 IRELAND
- **THE SURREAL LIFE**, LEAD, VH1

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# CAPRICE BOURRET

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## THEATRE

- **RENT** (LEAD ACTRESS - MAUREEN JOHNSON), PRINCE OF WALES THEATRE, PAUL KERRY SO
- **THE VAGINA MONOLOGUES**, LEAD ACTRESS, ARTS THEATRE, IRINA BROWN
- **DEBBIE DOES DALLAS**, LEAD ACTRESS AND PRODUCER, TESSON THEATRE

## PRESENTING

- **NATIONAL TELEVISION AWARDS** - PRESENTED AWARD, ITV
- **LIVE FROM STUDIO FIVE**, PRESENTER/REPORTER, CH 5 LIVE CHAT SHOW
- **2ND METEOR IRELAND** - PRESENTED AWARD
- **9TH METEOR IRELAND** - PRESENTED AWARD
- **BIG BREAKFAST**, MAIN PRESENTER WITH JOHNNY VAUGHAN, CH 4
- **MTV EUROPE MUSIC AWARDS**, PRESENTED AWARD WITH STEVEN TYLER, MTV
- **AMERICAN MUSIC AWARDS**, PRE-AWARD RED CARPET REPORTER ON ABCNETWORK, LIVE FEED, ABC
- **RICHARD AND JUDY**, STYLE PRESENTER, CH 4
- **RISE**, ENTERTAINMENT SEGMENT, CH 4
- **AN EVENING WITH THE OSCARS**, REPORTER AFTER OSCARS ON 'DISH THE DIRT', ABC NETWORK
- **HOLIDAY HEAVEN**, MAIN PRESENTER, BBC 1
- **FYE**, MAIN PRESENTER, E! CHANNEL
- **AMERICAN SEX APPEAL**, MAIN PRESENTER, VH1
- **CAPRICE TRAVELS**, 12 PART SERIES, MAIN PRESENTER, TRAVEL CHANNEL
- **FHM PREVIEW**, MAIN PRESENTER, CH 5
- **CELEBRITY EXTRA**, MAIN PRESENTER, LIVING TV STEVEN VINACOUR
- **FRIDAY NIGHTS ALL WRIGHT**, CO HOST WITH IAN WRIGHT, BBC 1 JOHN MORGAN

## CAMPAIGNS

- **PIZZA HUT CAMPAIGN**, COMMERCIAL CO STARRING WITH JONATHAN ROSS
- **THE FACE OF PARADISE POKER**, PRINT AND TV
- **THE FACE OF PANTENE**
- **H&M, SWEDEN**

## CHARITIES

- PATRON FOR **WOMAN'S TRUST**
- AMBASSADOR FOR **PRINCES TRUST**
- AMBASSADOR FOR **CHILDLINE**
- COMMITTEE MEMBER OF **ACTION ON ADDICTION**
- AMBASSADOR FOR **TIKVA**
- AMBASSADOR FOR **DROP4DROP**
- PATRON FOR **BRAIN TUMOUR RESEARCH**

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# BUSINESS SPEECHES

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**Caprice alongside Bill Clinton speaks to live audience about business start up**



**Cherie Blair and Caprice make a difference.**



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# BUSINESS SPEECHES

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Ms Bourret thinks it is really important to share her experiences, starting from nothing but a vision, passion and relentless determination to make By Caprice Products a worldwide success. She reaches out to a range of audiences, from university students to entrepreneurs starting new businesses. She usually freely speaks for about forty five minutes, covering various topics which include her evolution from top model to successful businesswoman and discussing financing, cash flow, negotiations, employees, accessing government grants, micro management, market strategies and her overall journey from having a vision and turning it into an empire despite an economic downfall and extreme stereotypes. This is usually followed by a question and answer session, where the audience has a chance to engage directly with Caprice. Ms Bourret's seminars are a huge success and are having a major impact on people from around the world.

## **2022 BRITISH BUSINESS AWARDS - MAIN HOST**

The awards have recognised and celebrated innovative and outstanding small and medium sized british businesses across all nations. Caprice hosted the entire show.

## **2022 BEAUTY UNCOVERED UK - KEYNOTE SPEAKER**

Candidly speaking about beauty and creating supportive communities in very challenging environments that we live in at the moment

## **2021 WOMEN IN BUSINESS EXPO VIRTUAL - KEYNOTE SPEAKER**

Speaking about creating a successful relationship with yourself, Partner and workplace. Restriction and persistence is key. "Silence is Power" - Caprice

## **2020 WOMEN IN BUSINESS EXPO VIRTUAL - KEYNOTE SPEAKER**

Speaking about how Covid has affected our business and mental health. Don't ever play the victim card, take responsibility and own it. Caprice addresses how she started from a humble background, focused on her strengths, and turned her brand into a 7 figure number.

## **2020 MIBA Awards**

A celebration of inspiring women at the 'Mums in Business Awards' in Leicester. Caprice, the special guest speaker, spoke about the journey from supermodel to business women and shared her tips and tricks to surviving the business world as a working Mom.

## **2020 Clique 100 Business Event**

Caprice delivered a keynote speech at the Clique 100 business event in Leeds. She spoke about the empowerment of women in business, touching on the difficulties women face in the business sector and how to overcome these adversities.

## **2019 Women In Business Awards**

Caprice delivered a Keynote speech at the Women In Business Awards 2019 in Swansea. Celebrating the wonderful women in business.

## **2019 Dialogkonferansen Sweden**

40 minute Keynote speech at Dialogkonferansen in Sweden. Caprice talks about how 'we can't control what happens around us, but we can control how we react,.

## **2019 Brain Tumour Research: Speakers House**

Caprice is a proud patron for Brain Tumour Research UK. She delivered a keynote speech at the house of commons to raise awareness for the cause.



# BUSINESS SPEECHES



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# BUSINESS SPEECHES

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## **2019 International Underwriting Association**

Keynote speaker at the IUA - Caprice discussed her journey from supermodel to businesswoman and the difficulties faced with the gender pay gap.

## **2019 A Night With Caprice**

Caprice delivered a keynote speech and sold out dinner in the Isle of Man. Her speech focused on 'fear is no option', eliminating victimisation, elevating consciousness and taking back your power.

## **2018 Keynote Speaker at Business Show Live**

Caprice attended The Business Show at Excel London where she gave a keynote speech to a sold out audience. Caprice shared her success story and highs and lows along the way. The speech ended with an audience question and answer session.

## **2017 Keynote Speaker at ICU Business Show**

Caprice was invited to headline speak at Business 2017. Caprice spoke to a 500+ audience to standing ovation from London's Hilton London. She was one of the Keynote speakers alongside Brian Tracy and Michelle Mone.

## **2017 The Business Show at ExCel London**

Caprice headlined at The Business Show 2017 at ExCel London. Caprice talked about her rise to fame and career transition into business and entrepreneurship to a record breaking crowd.

## **2017 South East Property Expo**

Caprice speaks for 45 mins on her property portfolio and forecast for the future

## **2017 International Performance Marketing Awards**

Caprice talking at the International Performance Marketing Awards 2017

## **2016 Cruise Awards**

Caprice co-presented the prestigious Cruise International Awards 2016 at London's swanky Ham Yard Hotel.

## **2016 Sussex Chamber of Commerce**

Caprice was invited to speak at The Sussex Chamber of Commerce Business Leader's Conference in Brighton. Sussex's leading business 2 business event, Caprice's keynote speech set out to inspire business owners and budding entrepreneurs in the region. A networking event followed where attendees shared their stories and experiences.

## **2016 EWIF Encouraging Women into Franchising Awards**

Caprice was a keynote speaker sharing the story of her own success, from modelling to business ownership with By Caprice Products. Highlighting, 'brand integrity' and 'passion' as paramount to business success. She delivered an inspiring and entertaining speech to the attendees thus inspiring more women into business ownership.



# BUSINESS SPEECHES



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## **2016 Northern Business Exhibition**

Caprice was a keynote speaker alongside Jo Fairley co-founder Green & Black's Chocolate and Reed Paget, Founder Ecocap and Belu Water, and MD One Earth Innovation. Caprice spoke for 45 minutes about the ups and downs of starting a small biz and encouraging entrepreneurship. After her compelling and insightful speech she answered questions from the audience.

## **2016 Bubble London**

Caprice was a panalist for " We Women Mean Business" along with Pearl Lowe and Jasmine Guinness. An inspiring chat about balancing motherhood and entrepreneurship. There was a 30 minute question and answer at the end.

## **2016 Inspire And Growth Hub Corporate Event**

Caprice was the keynote speaker at this corporate event. She spoke for 45 minutes and 30 minutes answering various questions from the audience. The focus of her speech was encouraging Entrepreneurship and suggestions to maintaining a successful business how to inspire your team so they work to their potential.

## **2016 Topclick Corporate Event**

Caprice was the keynote speaker at the corporate event. She spoke for 1.5 hours focusing on marketing strategies for 2016.

## **2015 Great British Entrepreneur Awards**

Caprice along with Oli Barrett hosted the biggest award show for entrepreneurs in the the UK calendar. Sponsored by NatWest this event celebrated and commemorated business at a start-up level to multi million dollar empires.

## **2015 Keynote Speaker - Morris Property Division Corporate Event**

International Property Magnate, Morris Property division, asked Caprice to give a motivational keynote speech to business owners in Shropshire to celebrate a new phase of commercial property development, the most successful in the Midlands.

## **2015 Business Leader Awards**

By Caprice Products proudly sponsored the first Women in Business Award at the annual Business Leaders Awards 2015. An honour and privilege to inspire and empower women in business, Caprice presented the winner with the prestigious award.

## **2015 Little London Awards**

Chelsea Magazine Company asked entrepreneur Caprice to be the host of their first inaugural Little London Awards 2015 at The Hurlingham Club.

## **2015 The National Mum and Working Awards**

Winner - High Profile Parents of the year 2015. Caprice was the winner of this prestige award in the category of high profile parents of the year 2015



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# BUSINESS SPEECHES

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## **2015 Shropshire Business Awards**

Is the biggest award show in the northwest Caprice was a key note speaker speaking to 640 cream of the county's crop at Telford's International Centre.

## **2015 The Rise of the Mumpreneur Event with Start Up Loans - Bishopsgate, London**

Caprice, James Caan CBE and Annabel Karmel led a panel discussion round the fast growing number of mums creating businesses from their kitchen table and debated what it takes to start up on your own.

## **2014 Mumpreneur Conference & Awards**

Miss Bourret won 'Celebrity Mumpreneur of the Year' and spoke to 250 of the crème-de-la-crème parent owned businesses at the industry renowned Mumpreneur Conference & Awards.

## **2014 Mindshare Media Summit - Dubai**

Key note speaker in front of entrepreneurs and business leaders. 45 minute talk about the "What's Hot? Being Agile in Today's Marketplace," with 15 minutes for questions. Other speakers included Daniel Sieberg, Ruud Gullit and Josh Klein

## **2014 Entrepreneurs Forum - BALTIC Centre for Contemporary Art**

Key note speaker in front of 220 entrepreneurs and business leaders. 45 minute talk about the journey from rags to riches with 15 minutes for questions. Other speakers have included Sir Richard Branson, Sir Bob Geldof and Sir Jackie Stewart.

## **2014 The Business Show - Kensington Olympia**

Key Note Speaker at The Business Show - the UK biggest business exhibition at Kensington Olympia London. Self-made business woman Caprice Bourret tells the story of supermodel to businesswomen. The founder, designer and CEO of By Caprice shares information on how the brand was established and the secret to her success.

## **2014 Pure London Show - Kensington Olympia**

Miss Bourret takes centre stage to discuss the development and success of her lingerie brand "By Caprice".

## **2013 Business Start Up Show - London Olympia**

Miss Bourret spoke for 1 hour about small business funding, marketing resources, government grants, cashflow, employees, management, brand integrity, leadership within the office space, etc.

## **2012 Entrepreneurs - Excel Main Stage**

London Excel Main Stage, 2012 Miss Bourret was one of the expert speakers alongside President Bill Clinton.

## **2012 New Start Scotland Exhibition**

Scottish Business Exhibition, 2012 From super model to super business. Miss Bourret was an expert speaker at Scotland's main business event of the year.

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# BUSINESS SPEECHES

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## **2011 Cambridge Union Society - Cambridge University**

Cambridge University, 2011

## **2011 Financial Mail on Sunday Breaking the Mould Conference - Royal Institution**

After her successful talk last year Caprice was asked back to speak to female students at the 2011 conference about 'Careers in Science and Technology'.

## **2010 Drapers Fashion Summit - Mayfair Hotel**

Caprice gave a key note interview on stage with the editor of Drapers, Jessica Brown.

## **2010 Event UK - Birmingham NEC**

Caprice gave a speech entitled, 'Why I swapped the catwalk to start By Caprice Lingerie'.

## **2010 Fresh Business thinking LIVE! - Old Billingsgate**

Caprice gave a speech entitled, 'From Model to Entrepreneur'

## **2010 Oxford Union - Oxford University 2010**

Oxford University, 2010

## **2010 Cambridge University Jewish Society - Cambridge University**

Cambridge University, 2010

## **2010 Financial Mail Sunday Breaking the Mould Conference - Intercontinental Hotel, Park Lane**

Caprice joined a number of other successful role models to talk to 17 and 18 year old female students about careers in business.

## **2009 London School Of Economics - LSE, London**

'The Entrepreneurs' International Challenge'. Caprice opened the week of events and discussed the pressures of the economy on business and how to survive during this time. She also discussed logistics in starting up a business.

## **2008 Business Start Up - Excel Centre**

Caprice discussed her life in business from lingerie modelling to 'Queen of the Undie World'.

## **2008 Drapers Magazine VIP Club**

The celebrity business model: Caprice discussed her role in business and the importance of PR and celebrity profiling.

## **2008 Cambridge Business Speech - Cambridge University**

## **2008 10th Annual Heads of Research**

## **2008 Oxford Union - Oxford University**

## **2008 Sammons Association**

# COVERS



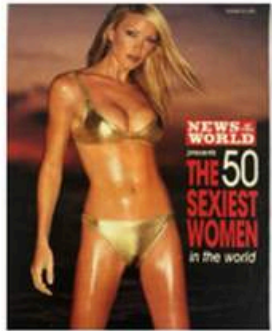


# COVERS





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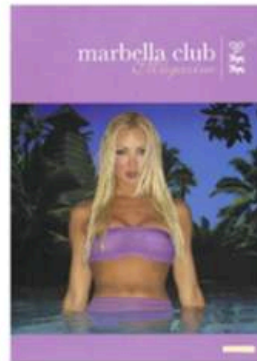


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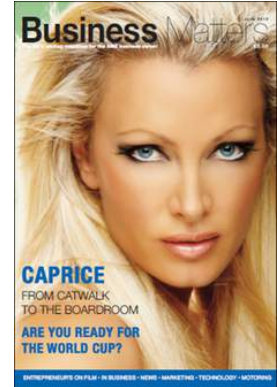
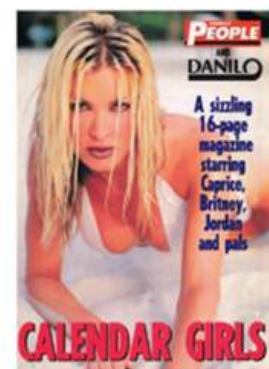


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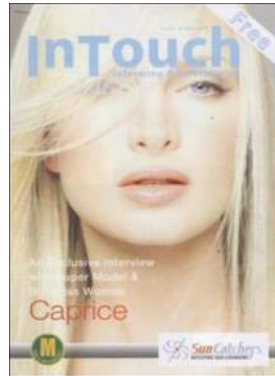


# COVERS





# COVERS



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**m** UK Showbiz



# Caprice Bourret puts on a busty display in a bold cut out pink dress as she poses with Tom Parker's widow Kelsey at Epsom Downs Races

By Bethan Edwards For Mailonline  
Updated at 17:08 on 24 April 2024



37 shares



21 comments



**Caprice** Bourret looked sensational in a pink midi dress as she joined **Kelsey Parker** for a VIP day at Epsom Downs Racecourse in support of Brain Tumour Research on Tuesday.



# Caprice Bourret looks stylish in a plunging black top as she joins Denise Van Outen and Victoria Ekanoye at Blue's final night at London Palladium

By Carolina Piras For Mailonline  
20:54, 21 Apr 2024, updated 20:54, 21 Apr 2024



 Share     

**16**  
shares

 **18** comments

**Caprice** Bourret joined **Denise Van Outen** and Victoria Ekanoye to enjoy Blue's sold out final night at



< Back

**M** UK Showbiz



# Caprice reveals she believes cancel culture is 'toxic' as she insists on the importance of free speech: 'We have to appreciate these rights and fight for them'

By Kirsten Murray For Mailonline  
Updated at 02:14 on 9 March 2024



93  
shares

48  
comments



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# PRESS

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NEWS

## Model Caprice Bourret admits her kids have 'sucked the life out of her' as she makes very honest body confession

She's mum to two 10-year-old boys



# Caprice Bourret, stuns in a plunging lace leotard for new lingerie campaign as she jokes having children 'sucked the life' out of her

By Hannah Mcdonald

15:23, 01 Feb 2024 , updated 10:34, 02 Feb 2024



22 comments

Caprice Bourret has said having children 'sucks the life out of you' as she opened up about changes in your body when you 'pop the little rascals out'.

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# PRESS

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## Caprice, hasn't aged a day since the '90s when she famously showed off her curves in sexy lace lingerie

👤 Edmuns DeMars · 11 hours ago



MODEL Caprice brings added value as she poses in lingerie from high street fashion chain Peacocks.



# **EXCLUSIVE** Caprice Bourret shows off her youthful figure in pink and purple lacy lingerie as she models her brand new Peacock collection

By Lily Jobson For Mailonline

11:20, 29 Jan 2024 , updated 11:24, 29 Jan 2024



Share

3 comments

Caprice Bourret showed off her youthful figure in pink lacy lingerie as she modelled her brand new Peacock collection which released on Monday.





# 'I'M BETTER NOW THAN I'VE EVER BEEN'

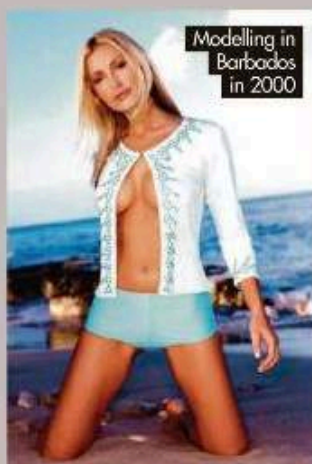
Entrepreneur **Caprice Bourret** on gaining confidence, being business savvy and fully embracing her age

To use Caprice Bourret's own words, it's time to "cut the BS" as the former World's Sexiest Woman embraces life in her fifties. As we chat – while she is halfway up a Serbian mountain filming a Christmas movie – the supermodel, entrepreneur and actress says she is "better than ever", and has a powerful message – particularly for those who think the only way to go in middle age is downwards.

We're actually due to talk about her new lingerie range, but the conversation veers off into parenting, business, ageing, and the power of a "good old-fashioned orgasm".

First, we want to know why – more than two decades after her first record-breaking lingerie collaboration – she thinks now is the right time for a second bite at the cherry?

She says, "From a business perspective, this isn't my first rodeo and I know my stuff. But



also to be 52 and to look the way I do, it's about messaging and empowerment. I'm not saying that loosely, I'm saying that with passion."

The Love by Caprice collection at Peacocks – which includes cosy-looking stripy pyjamas, floral T-shirt bras and sexy laced basques and bodysuits – is part of the "same messaging", she says. "I remember when I was

29 and turning 30 and going, 'Oh my God, no, no!' But don't dread getting older, it's empowering.

"I'm better now than I've ever been and I'm proud of it, and I want other women to be. If a 50-year-old wants to put on an underwired push-up bra and get those boobs up to her chin – you know what? – I got it for you and let's do it."

California-born Caprice, who lives in London with her British financier husband Ty Comfort, 57, and their sons Jax and Jett, 10, tells us she watches the celebrity fashion market closely and as many others have fallen by the wayside, she's still standing.

"It's like a roller coaster," she says. "You go up and down and up and down. I'm on an up now. In this crazy world of celebrity, all of them come and go; I've been around for 5,000 years."

Caprice was so successful ►



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# PRESS

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In the 90s and 00s that she appeared on more than 250 magazine covers and is said to have earned \$1 million or a week's modelling.

As we're talking during a filming break – she's the executive producer as well as the lead – she snacks on a banana, and concedes that while she's happy with her changing body, she still works hard to keep in shape.

And knowing the power her face and name still wield in the commercial fashion world, she chose to model her new range herself.

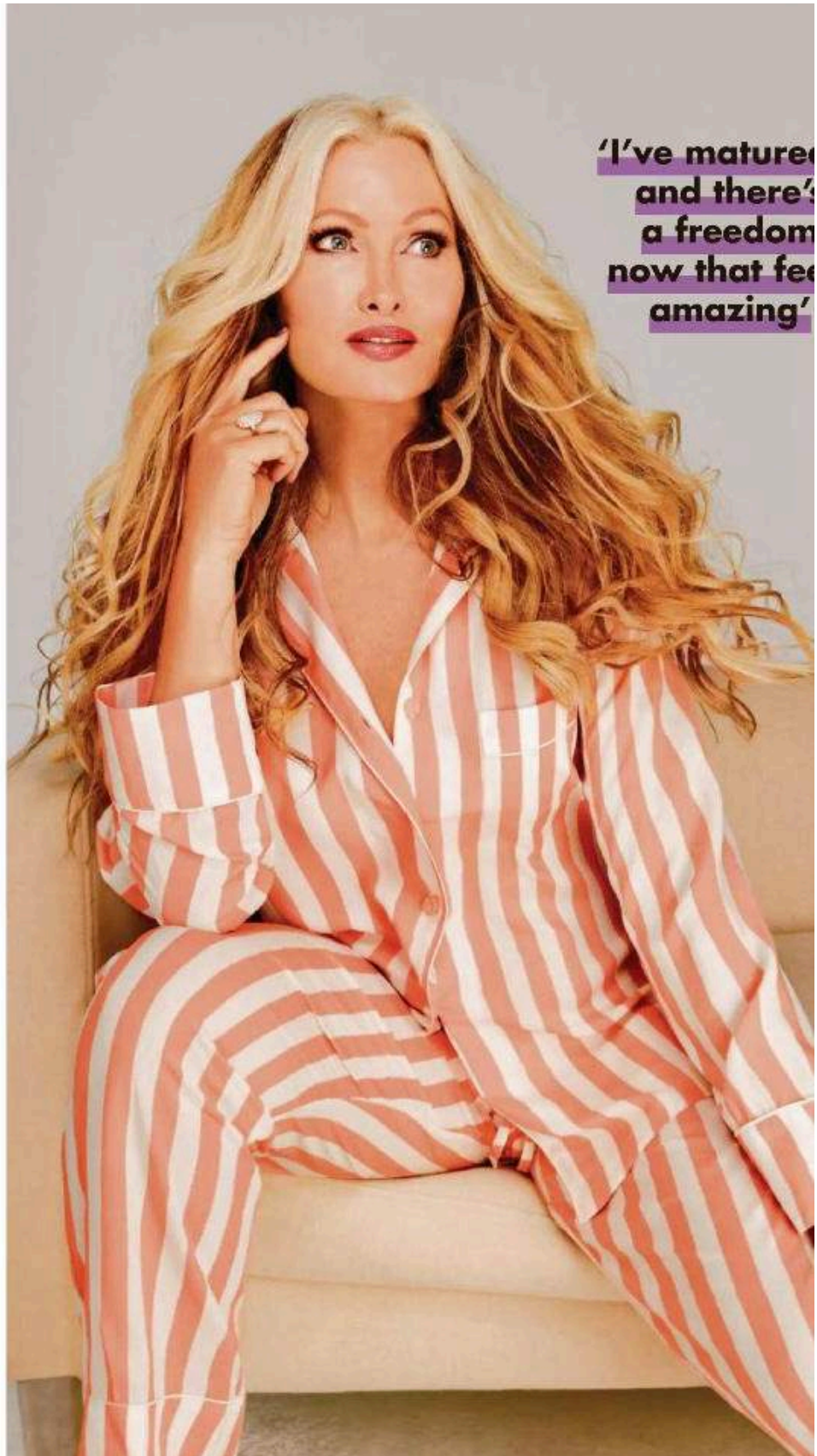
"The figure isn't as good as it used to be and I don't care," she says. "I mean, I still work really hard and it hasn't gone too wonky, but it has changed and I'm embracing and celebrating that."

One might think it's easy for this slender 5ft 9in blonde to say she's happy to pose in her underwear, but Caprice doesn't actually care what anyone else thinks and plans on modelling for at least another decade or two.

"If I'm still looking good, and I will be, I'm absolutely going to take my kit off and put the bra and underwear on and do a photoshoot. And if somebody wants to try and bring me down, that's their problem, not mine."

She's learnt a thing or two about public backlash and says she spent years reluctant to be opinionated. "I've matured, I'm super confident, and there's a freedom now that feels amazing. I need to be real, and to cut the BS and not think, 'I'm going to

**'I've matured  
and there's  
a freedom  
now that feels  
amazing'**



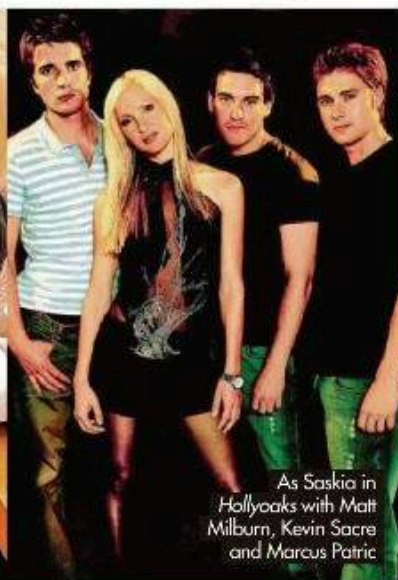




Caprice with husband Ty



Her sons Jax and Jett



As Saskia in Hollyoaks with Matt Milburn, Kevin Sacre and Marcus Patric

say this because this is politically correct.' That's not what I'm about now. I've become so thick-skinned and if people don't agree and ridicule me, I'm OK with that."

She's grown used to being mocked for her views on sex. After once commenting that women should "take one for the team" when it came to having sex with their partners, she faced a wave of derision.

When we ask if she stands by her remarks, she says, "Let's break it down and be honest, because the people that ridiculed me, guess what? They're older, and they're still single. And they're older and still single for a God dang reason. I am happily married with two beautiful kids. You think this just happens? No, you have to work at it.

"Sex is an integral part of a relationship. Also, do it for yourself. A good old-fashioned orgasm is the greatest thing ever. It's good for your health,

your mental wellbeing, and it makes you feel confident."

Since her earlier years on the London party scene, Caprice has launched a By Caprice Home range, been in *Hollyoaks*, and starred in West End theatre shows, and on the US reality show *Ladies Of London*.

In 2014, after the birth of her and Ty's sons, one of whom was born via surrogate and the other carried by Caprice, things moved on. "It became all about my kids and it was great, I loved being in that place," she says. "They are still my top priority, but it's also about me again. But I work smarter. I'm more patient, just better all around."

Her favourite moments are now at home with Ty, Jax and Jett, and her 16-year-old stepdaughter Izzy, who Caprice says is "like my daughter". "It's Ty, the two boys, Izzy and myself in my bed watching *National*

*Geographic*," she smiles.

"Just being with my family is my favourite thing in the whole wide world."

On paper, she doesn't need to ever work a day again. So what drives her?

"I love making money, and I'm not ashamed of that," she laughs. "It motivates me. I wake up every morning, I have goals, I have dreams, and I'm going out there and I'm doing it.

"The second reason is my children. I want my kids first and foremost to be happy, and I want them to make a difference in the world. So it's really important that in me they see a grafter, a kind person, a charitable person, a person who has lots of friends, a person that loves, a person that is a nurturer.

"So it's not just one thing that drives me. Some I do for the money and others, I'm able to do because I'm creative and I do them purely for passion."



# TOP Santé

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### CAPRICE

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FEBRUARY



9 77000



# PRESS

**SUPERMODEL AND UNDIES QUEEN WHO 'LOVES TO MAKE MONEY'**



**FAMILY:** Caprice with Josh (left) and Jax (right) and hubby Ty Comfort, far right.

**Ghostbuster Caprice: I've seen off spooks**

**EXCLUSIVE**  
by KIM CARR

**SUPERMODEL:** Caprice is convinced there is an affable after-turning ghostbuster in her own home a decade ago.

The Californian-born entrepreneur lives in London with financier husband Ty Comfort and sons Jett and Jax - and had to see off a spook when the boys were babies.

Caprice says: "It was my first - and I pray last - paranormal experience here after that the afterlife for me is definitely for real."

"In England there's a bit of history and there were a few deaths in our well-known building."

"The ghost has been gone for 10 years now so we're OK now but it was in my children's bedroom and the spare bedroom. You could clearly feel they were fleeing."

Caprice, whose new lingerie range Love By Caprice drops in Peacock stores this week, was horrified to witness a spectral figure.

She continues: "On the evening you could see this woman looking at my kids. My husband ran to the moon so many times and there was nothing there."

don't want you here! I kept crying and talking to nothing but I swear to God the next day it was gone. You grow some balls!"

Shooting to fame in the nineties, long before social media dethroned star status, Caprice perked, hard, and regularly graced the front of glossy magazines.

She is retroactively likened compared to some of the babes in showbiz today. She says: "Everyone loved the old days more - people weren't as worried or calculated in interviews about what to say."

"This didn't knock the real people nowadays as everyone's so damn afraid of being cancelled - it's so contrived, calculated and boring."

Executive producing and starring in movies, Caprice's secondary career is proving as popular as her undergarments.

Her second film, a feature Women called Christmas in Serbia, is currently shooting. Caprice says: "I'm all about scripted, feel good and want to put some good content out."

**FIRED UP FOR FAST LANE LIFE**

Caprice's showbiz party memories: "Back in the day I used to do one major awards show after another."

"One time I was doing a photoshoot and got on a

**Not a look better than I've ever been'**

**ROLE MODEL**

**THREAT TO FIRE BOLT**

**CAPRICE IS FRILLED**

**Ghostbuster Caprice: I've seen off spooks**







Row... Martin Bashir

## Bashir: My critics are racist & jealous

By JOE MORGAN

MARTIN Bashir told colleagues "professional jealousy" and racism were to blame for allegations he got his Princess Di interview by deceit.

An email, written just months before documentaries into the 1995 Panorama interview exposed the scandal, was disclosed after the BBC was ordered by a judge in December to hand over around 3,000 emails relating to the affair.

In one email, dated July 20, 2020, Bashir wrote to head of BBC history Robert Seatter about the forged document. Bashir said: "It played no part in the interview but did allow professional jealousy, particularly within the corporation, to hang its hat on alleged wrongdoing."

He added there was "irritation" within the Beeb that someone with "non-white, working class roots" landed the scoop.



Jaunt... Mia & Michael

## Dad risks his girl, 8, by taking her to Iraq

By ROBIN PERRIE

A TRAVEL-mad dad who took his daughter, eight, to Iraq was branded "stupid" for risking her life.

Michael Gali, 32, flew Mia there to see "a bit of the world that not many people have seen" while on holiday hundreds of miles away in Qatar.

They visited a 6,000-year-old castle and checked out the Kurdistan region's markets, before staying the night.

The UK government advises against "all-but-essential" travel there.

Dock worker Michael, of Middlesbrough, said he explained to Mia "there's the occasional missile strike" but insisted "there's risks everywhere in the world".

He said: "I told her, 'It's your decision', but she's an adventurer like me, so she was all for it."

Social media users said on his post: "I wouldn't take a child to somewhere no one could help if things went south."



## CAPRICE IS FRILLED

By JACK HARDWICK

MODEL Caprice gives added value as she poses in her lingerie range from high street fashion chain Peacocks.

The 52-year-old US businesswoman launched Loved by Caprice earlier this month, offering affordable bras, briefs, bodysuits and nightwear, right.

She said: "From a business perspective, this isn't my first rodeo and I know my stuff."

"I know from years of experience and I know from years of experience and I know from years of experience lingerie has an impact on how we feel about ourselves. A nice set, even if it's just for you, is empowering."



Picture: PEACOCKS

## 5AM HORROR

# Crossbow intruder shot dead by police



Drama... cop tent at scene. Inset, crossbow

## THREAT TO FIRE BOLT

A CROSSBOW maniac was shot dead by armed cops yesterday after threatening police and residents.

The 30-year-old was wearing body armour and said he was going to harm people inside flats he was trying to enter.

Police were called just before 5am and the man had got into the building by the time armed response officers arrived.

He was shot and given first aid by paramedics but died at the scene in Surrey Quays, South London.

The Independent Office for Police Conduct confirmed two shots were fired by a police firearm, which will now be subject to analysis.

At least two crossbows, a knife, sword and a hatchet were found at the scene, the watchdog added.

Two people inside the flat suffered minor injuries.

Neighbour Akbar Baloch, 53, who was woken up the incident, said: "This is usually a very peaceful area - good neighbours and everything. It was very shocking for us."

Sharon Rodrigues, 62, also a neighbour, added: "I saw the guy being carried out while he was still alive. There must've been 15 to 20 police around. They were trying to resuscitate him but they obviously didn't manage it."

By MIKE SULLIVAN and JOE HADDEN

The area around the three-storey property was sealed off yesterday as forensic officers went to work.

The IPCC has begun a probe and body cams worn by the gun cop from the Met's MOD firearms command captured the shooting and have been examined.

Regional director Mel Palme said: "Given a man has died after being shot by police, our role is to independently investigate all of the circumstances surrounding the incident including the actions and decisions taken by the police."

"We appreciate that the community will want answers quickly and our investigators are working hard to establish the facts and piece together what happened."

She said the case is rare in the UK.

Fatal shootings are rare in the UK.

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armed, rare the ye





# PRESS



**DEVICE**

**Bashir: My critics are racist & jealous**

By JIM BRIDGMAN

MARTIN Bashir told colleagues "professionally" that he had been "interviewed" by the BBC in an attempt to get a job in the UK. In an interview by the BBC, Bashir said he had been "interviewed" by the BBC in an attempt to get a job in the UK. In an interview by the BBC, Bashir said he had been "interviewed" by the BBC in an attempt to get a job in the UK.



Wednesday, January 26, 2011

**5AM HORROR**

**Crossbow intruder shot dead by police**



avourite moments are no longer on a red carpet party yacht, they're on her bed at home with and Jett, and her 16-year-old stepdaughter Izzy, price says is "like my daughter".

y, the two boys, Izzy and myself in my bed [National Geographic], she smiles. "Even they want to watch [YouTube star] MrBeast, but by a very special treat and if they've done their rk. So it's National Geographic or a romantic We've probably watched every teen romantic here is! Just being with my family is my thing in the whole wide world."

er, she doesn't need to ever work a day again successes she's already had. She has multiple around the world including the US and Ibiza, and g businesses are thriving. So what drives her? "making money, and I'm not ashamed of that," "It motivates me. I wake up every morning.

I have goals, I have dreams, and I'm going out there and I'm doing it.

"The second reason is my children. Parents are the biggest influences on who their children are going to turn out to be, trust me.

"I want my kids first and foremost to be happy, and I want them to make a difference in the world. So it's really important that in me they see a grafter, they see a kind person, a charitable person, a person who has lots of friends, a person that loves, a person that is a nurturer.

"It's not just one thing that drives me. Some I do purely for the money and others, thank God, I'm able to do because I'm creative and I do them purely for passion."

*Love by Caprice is available in Peacocks stores nationwide and online at [peacocks.co.uk](http://peacocks.co.uk)*

WORDS: MITTA UNDERWOOD PHOTOS: PEACOCKS, DEBENHAMS



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# PRESS

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# PRESS



Her favourite moments are no longer on a red carpet or luxury party yacht, they're on her bed at home with Ty, Jax and Jett, and her 16-year-old stepdaughter Izzy, who Caprice says is "like my daughter".

"It's Ty, the two boys, Izzy and myself in my bed watching National Geographic," she smiles. "Even though they want to watch [YouTube star] MrBeast, but that's only a very special treat and if they've done their homework. So it's National Geographic or a romantic comedy. We've probably watched every teen romantic comedy there is! Just being with my family is my favourite thing in the whole wide world."

On paper, she doesn't need to ever work a day again after the successes she's already had. She has multiple homes around the world including the US and Ibiza, and her existing businesses are thriving. So what drives her? "I love making money, and I'm not ashamed of that," she laughs. "It motivates me. I wake up every morning,

I have goals, I have dreams, and I'm going out there and I'm doing it.

"The second reason is my children. Parents are the biggest influences on who their children are going to turn out to be, trust me.

"I want my kids first and foremost to be happy, and I want them to make a difference in the world. So it's really important that to me they see a grafter, they see a kind person, a charitable person, a person who has lots of friends, a person that loves, a person that is a nurturer.

"It's not just one thing that drives me. Some I do purely for the money and others, thank God, I'm able to do because I'm creative and I do them purely for passion." **EW**

Love by Caprice is available in Primark stores nationwide and online at [primark.co.uk](http://primark.co.uk)

PHOTO: WENDY LEWIS/GETTY IMAGES; HAIR: JESSICA THORNTON



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# PRESS

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# PRESS

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 **DAILY STAR**

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**SHOWBIZ**

# Caprice 'convinced' there is an afterlife after fending off ghosts in her home

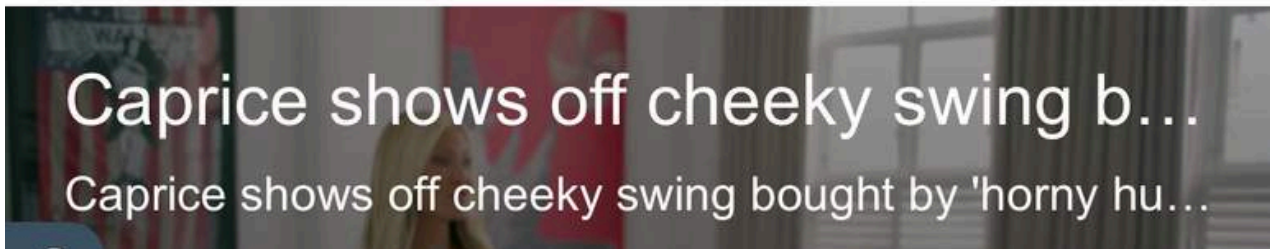
Supermodel Caprice has been left certain there is an afterlife after she turned into a ghostbuster in her own home after she was spooked by some unexplained "paranormal activity"

**SHARE**



**BY KIM CARR**

16:35, 28 JAN 2024 | **UPDATED** 09:26, 29 JAN 2024



Caprice shows off cheeky swing b...  
Caprice shows off cheeky swing bought by 'horny hu...



[← Back](#)

**M** UK Showbiz



# Braless Caprice Bourret puts on a busty display in a HUGE plunging grey ruffled gown as she attends the Who Cares Wins Awards

By Bethan Edwards For Mailonline  
Updated at 20:19 on 19 September 2023



75  
comments



**Caprice** Bourret commanded attention in a huge grey gown as she stepped onto the red carpet at the Who Cares Wins awards at The Roundhouse, London on Tuesday.



# Caprice Bourret cuts a glamorous figure in a bardot red top and flared satin trousers as she struts through the streets of London

By Connie Rusk For Mailonline

16:41, 08 Feb 2023 , updated 17:39, 08 Feb 2023



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PRESS

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# Caprice, looks sensational in a plunging red dress as she supports pal and star of The Lair Charlotte Kirk at the UK premiere in London

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By Olivia Devereux-evans For Mailonline  
00:57 26 Jan 2023, updated 16:02 26 Jan 2023



# MailOnline

## 'I'll never forget being told I'd booked the job!' Caprice shares throwback snaps with fresh-faced Heidi Klum and Eva Herzigova at Sports Illustrated bash and reflects on her rise to fame

By LAURA FOX FOR MAILONLINE



© Ron Galella Collection via Getty  
Blast from the past: Caprice (far left) was in a reflective mood on Wednesday as she shared a slew of throwback snaps from the 1998 Sports Illustrated swimsuit edition launch party



© The LIFE Picture Collection via  
Wow! The model shared a gallery of images from the party that saw her rub shoulders with stars including Heidi Klum (left)



© Ron Galella Collection via Getty  
History: The star reflected on being told she'd landed the job (L-R Rebecca Romijn, Caprice, Heidi, Eva Herzigova, Louise Forsling, Chandra North, Irina Pantaeava and Beri Smither)



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# PRESS

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# MailOnline

## Paris Hilton and Caprice Bourret lead the glamour in plunging black gowns at Cash & Rocket Masquerade Gala



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PRESS

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**Mail**Online

**Caprice exudes glamour as she dons black sequined dress for London Fashion Week**





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PRESS

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# MailOnline

## Caprice Bourret dazzles in a plunging sequinned dress while launching her latest bedding range

By NIOMI HARRIS and CHARLOTTE DEAN FOR MAILONLINE



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PRESS

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# MailOnline

**Caprice accentuates her sensational figure in a chainmail wrap dress at the National Lottery Awards ahead of Dancing On Ice stint**










☰ **Mirror** 🔍 👤


# Supermodels Jodie Kidd and Caprice kick off the Cazoo St Leger Festival high in the fashion stakes


Doncaster Racecourse was treated to some sunshine during the rain earlier today, as both ladies donned spectacular outfits for the occasion - ahead of Ladies Day tomorrow

SHARE    

By **Derek Momodu**  
17:41, 7 SEP 2022





 1 of 6

# Caprice declares she loves to take the plunge in daring dresses

By Richard Eden, Joanna Crawley For Mailonline  
Updated at 09:22 on 8 September 2022



25  
comments



Once voted the world's sexiest woman, lingerie model Caprice Bourret was determined to dress up for this week's Cazoo St Leger Festival.



# Mail Online

## ME AND MY MONEY

MODEL and businesswoman Caprice Bourret would allocate more funding to the police if she were Chancellor of the Exchequer. The American, who moved to Britain in 1996, told DONNA FERGUSON she no longer feels safe walking around London at night with her kids and thinks more needs to be done to protect women and children. Her branded bedding range, By Caprice Home, is sold worldwide, including at Next, Wayfair and Very. Caprice, 45, is married to financier Ty Comfort.

**Q What did your parents teach you about money?**

**A** MY parents split up when I was four. I didn't grow up with my dad and I have no real recollection of him, but my mum believed that financial independence represented happiness. She taught me not only to work hard, but to work smart and to be persistent in order to attain financial freedom. She was an interior designer. She's had a colourful past - she's made a fortune, she's gone bankrupt and made a fortune again. As well as being a grafter and a strong woman, she taught me that when you fall down, you get back up again. She was the biggest influence on my life and still is a truly inspirational person. The values she taught me are what I'm teaching my children now.

**Q Was money tight when you were growing up in the US?**

**A** My mum did very well for herself until her father, who meant everything to her, got sick when I was a teenager. He passed away very slowly of a vile cancer and he didn't have medical insurance. She had to sort that out and it was heart wrenching. It destroyed her.

As a result, we had a really hard time financially, so when I was 17 and graduated from high school, she told me: "You have got to go and support yourself." And thank God she said that because it is what has made me who I am today.

**Q Have you ever struggled to make ends meet?**

**A** YES, when I was living in a rough area of New York in my early 20s, trying to make it as a model. Initially, I didn't have enough money to eat. Home was a small two-bedroom apartment which I shared with another girl and some horrible cockroaches.

Eventually, after a few years, things started to go OK for me. I wasn't the prettiest, youngest or tallest. But I was smart about my modelling career. I knew it wasn't going to last forever, and that I had to be really professional.

I got on the cover of Vogue in the early 1990s and everything changed. It taught me that you create your own luck in life. You put yourself in circumstances where the universe brings you opportunities, and then you have to go for it and not feel fear.

Model Caprice, who has a successful business empire, feels unsafe on the streets - and says:



# Spend more on the police...not stupid bike lanes!

he'd negotiated. I even felt guilty. I thought: "This is insane." All I had to do was a modelling shoot, a few personal appearances and some interviews. It was ridiculous.

**Q What was the best year of your financial life?**  
**A** THIS year. In the past, I made a number of smart investments in property outside of London in the English countryside. This year I've sold them and reaped the rewards.

**Q The most expensive thing you have bought for fun?**  
**A** WHEN I was in my 20s, I bought a black convertible Mercedes SLK. I always dreamed of having one. I can't remember how much it cost, but I do remember paying for it in cash. I felt like such a big shot. It was quite empowering.

**Q What is your biggest money mistake?**  
**A** I LOST a bit of money exchange-

exchange, so I would be OK if the value of these currencies changed dramatically - as they did after the 2008 global financial crisis.

I was naive. When you're dealing with hundreds of thousands of pounds worth of stock and you don't read what the market is doing and fail to educate yourself about the currency markets, you're an idiot. I lost over £1 million. Just from that mistake, which I deserved to lose. I was devastated at the time.

But I learned such a valuable lesson and later on, when my business really started to gain momentum and make some money, I knew what I was doing. I play it smart now and hedge, and I buy my currency forward at a fixed exchange rate, so I can plan my business and my cash flow. I've become so good at it, and made so much money doing it, I have even had a call from my currency exchange company asking me how I knew to buy at a particular time.

**Q Do you save into a pension?**  
**A** YES, I do. I started in my 20s and that's when I put most of

I don't trust other people to play with my money.

**Q Do you own any property?**

**A** YES. My home is a six-bedroom Grade II-listed house in West London. It's about 12,000 square feet. My husband and I bought it eight years ago at a good price when it was in a distressed condition. It's now worth about eight times what we paid for it.

I used to have eight other properties as investments, but because I've been selling them, I only have two left now.

**Q What is the one luxury you treat yourself to?**

**A** SLEEP? When you've got a business and kids, sleep is a commodity that just doesn't exist. My seven-year-old boys, Jeti and Jax, are a handful and a half. And I'm a hands-on mum.

**Q If you were Chancellor what would you do?**  
**A** I WOULD allocate more fund-

**COMFORTABLE LIVING:** Caprice sells her bedding worldwide

I will not put myself in that kind of precarious situation and I'm terrified for my kids. Unless my husband is with us, we're not walking on the streets after dark at all, we're just not doing it. Call me overprotective, call me a little bit crazy, I don't care. My children are everything to me and I don't feel safe. I just don't.

**Q Do you donate money to charity?**

**A** YES, a lot. I donate both my time and money to charity Brain Tumour Research because I had a brain tumour myself. I've also donated quite a large amount to Great Ormond Street Hospital for a new MRI scanner, which provides a more accurate and precise diagnosis for children with brain tumours who need surgery.

**Q What is your number one financial priority?**

**A** MY two sons and my step-daughter Izzy, 13.



Showbiz > Celebrity

**MODEL BEHAVIOUR** I went crazy after I made my first £1m at 25 – I pray Cara Delevingne can get back on track, says Caprice



< Back

**M** UK Showbiz



# Youthful Caprice Bourret, channels Bond sex symbol Ursula Andress as she sultrily strolls out of the sea in a white bikini during Ibiza break

By Amelia Wynne For Mailonline  
Updated at 12:41 on 11 August 2022



**38**  
comments



Caprice Bourret channeled Bond sex symbol Ursula Andress as she sultrily strolled out of the sea during her Ibiza break on Thursday.

# EXCLUSIVE: 'I do Botox, let's not b\*\*\*\*\*t!' Caprice Bourret says she isn't ruling out getting plastic surgery and believes other celebs are 'so silly' for lying after getting work done

By Brenda Dennehy For Mailonline  
Updated at 22:11 on 9 May 2022



 1  
comment



She has appeared on more than 250 magazine covers, including Vogue, GQ, Cosmopolitan, Esquire, Maxim, FHM, and the Swimsuit Issue of Sports Illustrated.



< Back

**M** UK Showbiz



## Caprice Bourret looks effortlessly glamorous in a red patterned top and skirt as she goes barefoot and carries her stilettos

By Kate Dennett For Mailonline  
Updated at 17:55 on 22 April 2022



**40**  
comments



Caprice Bourret cut a stylish figure as she opted to go barefoot after taking off her high heels off while walking through the streets of [London](#) on Friday.

< Back

**m** UK Showbiz



## Caprice Bourret blows off steam with outdoor workout in crop top and shorts after she blasted Boris Johnson for lack of support over Ukraine charity initiative

By Sean O'grady, Amelia Wynne For Mailonline  
Updated at 16:15 on 24 March 2022



**69**  
comments



Caprice Bourret showcased her toned physique as she went for an outdoor workout in a West [London](#) park on Thursday.



[← Back](#)

**m** UK Showbiz



## 'This is war for god sake, can we just be human beings!?' Caprice Bourret blasts Boris Johnson for 'frustrating' lack of support over charity initiative to give Ukraine's refugees jobs in UK

By Amelia Wynne For Mailonline  
Updated at 13:01 on 24 March 2022



**1**  
comment



Caprice Bourret has blasted [Boris Johnson](#) for 'frustrating' lack of support over a charity initiative she is supporting to give Ukraine's refugees jobs in UK.

# THE Sun

## **HOT STUFF** Caprice reveals painful looking bruises on her legs as she steps out in denim hotpants

Lucy Murgatroyd

13:19, 21 Mar 2022 | Updated: 13:19, 21 Mar 2022



Showbiz > Celebrity



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PRESS

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# MailOnline

Caprice Bourret, shows off her model figure in a plunging hot pink dress and towering thigh-high leather boots as she arrives at talkRADIO

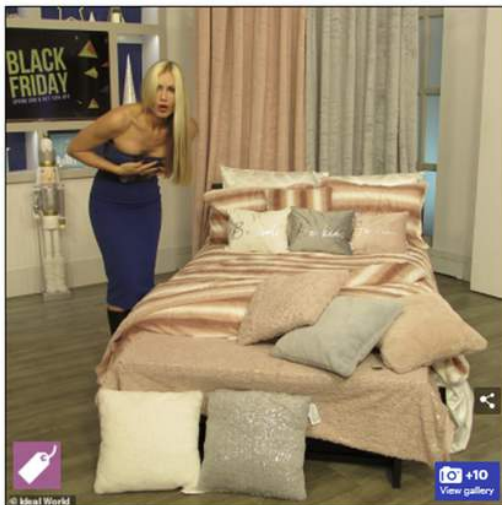
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By Jonathan Rose For Mailonline  
12:32 06 Feb 2022, updated 13:38 06 Feb 2022



# Mail Online

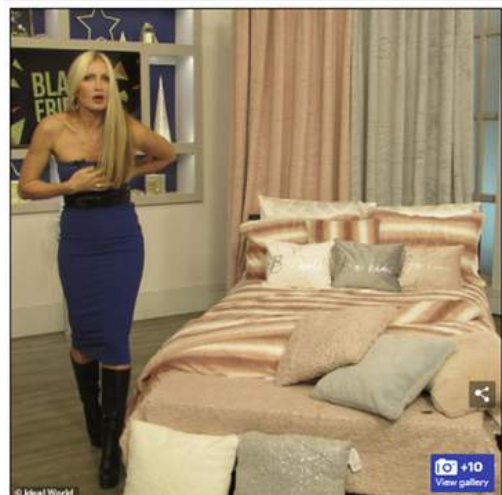
## EXCLUSIVE: Braless Caprice Bourret, almost exposes her entire cleavage as figure-hugging blue dress bursts open on LIVE TV



Oh no! Caprice Bourret is said to have 'seen the funny side' to her embarrassing wardrobe malfunction while presenting live on Ideal World TV on Thursday night



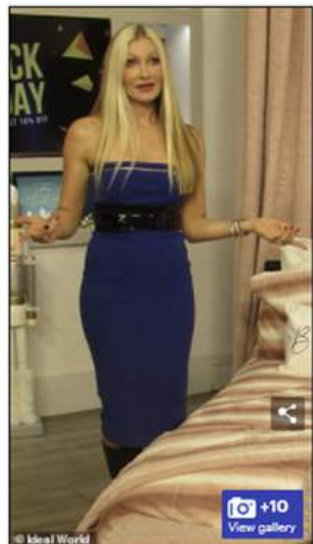
Check! A source close to Caprice exclusively told MailOnline: 'She was showing her boobies'



Surprise: Her blue dress accidentally busted open at the back almost exposing her entire boobs. She had to tactfully tuck herself back in and she wasn't wearing a bra!



Joker! 'Caprice saw the funny side and was actually laughing on set about it and said, "Wow that might have busted ratings through the roof, literally!"'





# MailOnline

## Caprice Bourret, showcases her sensational figure and sun-kissed glow in a neon green swimsuit as she goes paddleboarding in Ibiza

By [NATASHA HOOPER FOR MAILONLINE](#)

PUBLISHED: 21:05, 14 August 2021 | UPDATED: 12:49, 15 August 2021



Green without envy: Caprice Bourret, 43, flaunted her famous curves in a neon green swimsuit on Saturday as she went paddleboarding during her Ibiza getaway



Beach babe: The blonde beauty highlighted her svelte physique and sun-kissed glow in the asymmetric one-piece



Poised: The model enhanced her age-defying complexion with a light dusting of make-up as she made the most of her day in the water



It's all in the details: Her swimming costume boasted cut-out sections around the midriff and a high-waist fit



# MailOnline

## Caprice Bourret, puts on a very leggy display in a tight purple dress and towering stilettos as she leaves a business meeting in sexy style

By LYDIA SPENCER-ELLIOTT FOR MAILONLINE

PUBLISHED: 15:42, 3 June 2021 | UPDATED: 12:16, 5 June 2021



Hustling: Caprice meant business when she stepped out for a meeting in a skintight purple dress on Thursday



Chic: The American model put on a very leggy display in the figure-hugging dress as she strutted down the street in towering nude stilettos



Stylish: She toted a chic black clutch bag with gold hardware as she flaunted her toned legs while walking in the sky-high heels



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# PRESS

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# THE Sun

## THRONE TOGETHER Prince Andrew let Caprice sit on Queen's throne during date at Buckingham Palace

Cemmie Moodie, Associate Showbiz Editor

23:59, 29 Feb 2020 | Updated: 12:12, 1 Mar 2020



During the extraordinary date, Andrew let her sit on the Queen's throne and even 'steal' a decorative bowl

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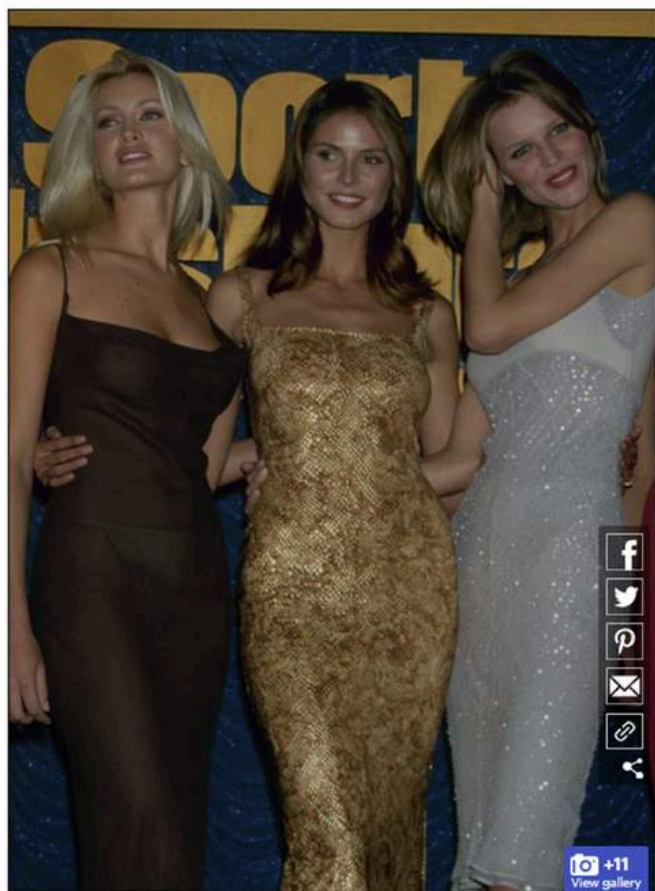
# MailOnline

## 'I'll never forget being told I'd booked the job!' Caprice shares throwback snaps with fresh-faced Heidi Klum and Eva Herzigova at Sports Illustrated bash and reflects on her rise to fame

By LAURA FOX FOR MAILONLINE



© Ron Galella Collection via Getty  
Flawless: Dressed in a beautiful gold gown, Heidi proved she hadn't aged a day as she posed with Caprice at the launch party



© The LIFE Picture Collection via  
Epic: The star added she'd 'never forget' the moment she landed the cover as helped to kickstart her modelling career





## A top business model

Caprice Bourret may have graced more than 350 magazine covers, but it's her business nous that has led to her longevity in the public sphere. Angela Sara West talks to the model, actor and entrepreneur about her ever-evolving brand

WORDS BY ANGELA SARA WEST

**M**ulti-award-winning entrepreneur, model and actress Caprice Bourret first shot to fame in the 1990s, when she became one of the world's most photographed women, bagging the cover of *Vogue* and appearing in more than 300 TV shows and films.

Now she is just as lauded for her business acumen, having founded by Caprice, a successful and affordable lingerie brand, two decades ago. By Caprice Home followed suit – a stylish line of media and celebrity-endorsed homeware products, including

cushions, curtains, sheet covers and throws.

"Transitioning from model to businesswoman to further my career was a turning point," says Caprice. "From the age of 18, I have gone out into the world and made my own money. It is all down to hard work. I am very business minded, and go after what I want."

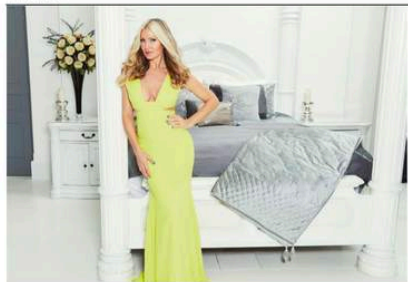
As the founder, designer and CEO, Caprice now travels the world to support the growth of her business, a regular host/keynote speaker at high-profile corporate shows and events, she enjoys reaching out to a range

of audiences, from university students, to entrepreneurs and start-ups.

"I've been grateful to receive lots of awards in my career, and most recently, in business," she tells What Franchise. "I'm honoured and humbled to be recognised by my peers." As such, this model is much in demand for hosting award shows such as the British Youth Travel Awards, alongside speaking at a past ICD Business Show and International Performance Marketing Awards. She also gives masterclasses on how to develop a brand.

"At this stage in my career, I like

INTERVIEW



**"The harder you work, the luckier you get. I am blessed with the career I continue to have"**

### DRIVEN BY SUCCESS

So, what sort of person does it take to drive success at the helm of a business? "Being your own boss is not for the faint-hearted," Caprice warns. "It takes a lot of hard work and determination. You get told no, a lot! And knock backs – you must keep picking yourself up and trying again, no matter how many times it takes. It takes strong character, and you have to have lots of passion

and integrity. You will live with your business, and it becomes your heart and soul."

For budding entrepreneurs and franchisees, Caprice reckons 2022 is the perfect year to start your own business. "Now is a great time, with lots of change afoot. In terms of general business, Brexit has led to huge transitions in law, not just in the paperwork, but physically in getting products into the country. All businesses have had to learn to work around these changes and adapt in selling outside of the UK into the EU and following new protocol.

"People are working from home and evaluating the way they live and their work-life balance, being inspired to work differently to how they would have done pre-pandemic. Priorities have changed and people are choosing to work on what they are passionate about."

### MENTOR ADVICE

Caprice has stacks of advice for aspiring business owners. "I advise young people to get proper experience. Work placements and shadowing are so important. Find out what industry or job you fit into best and use the time to gain those insights. Then you won't get stuck in an industry or job you don't like. Also, talk to other people doing the job you see yourself doing as their knowledge and advice is invaluable."

This hugely-successful CEO is all about empowering women in business. Caprice's message to fellow entrepreneurial women, especially those who are no longer in their twenties or thirties, and want to start their own venture: "Don't let anyone

tell you that you are too old, for starters! Life is just beginning, and you have all of that wisdom and life experience behind you.

"Middle age is a great time to start a new business. I am launching a new brand soon and looking for gaps in the market. It's all about confidence, and if you get knocked down, pick yourself back up – you can do it!"

### LEARNING FROM MISTAKES

Caprice's most valuable business lesson came when the recession hit. "I lost over £1m literally overnight with the exchange rate. I lay in bed for days, and I remember my mom calling me and saying: 'Cap, get it together, this is not you'. It was a conversation that made me get up, wipe the tears from my eyes, and get back to my desk. I am not going to lie, it was a hard lesson to swallow, but I tell you what, I never made that mistake again."

Back on her feet, the American business guru educated herself on hedging currency exchange so that in the event of future changes in the stock market, she wouldn't get stung again. "In business, bad things can happen. It's all in how you deal with the situation, learn and grow from your mistakes. Rising to a challenge is what makes a successful entrepreneur and the key to longevity in business. Picking yourself back up is what you need to keep doing because you will get knocked down time and time again throughout your career."

Up next for Caprice Bourret? "Lots more mentoring and building the brand internationally," she reveals. "2020-2021 were strong years for sales, as people spent more time at home and wanted to redecorate and add freshness to their homes. Autumn and winter proved to be a busy time – we sold out on many lines and had to re-order."

Caprice has a plethora of projects in the pipeline for 2022. "I'm launching another brand that I am very excited about, and predict an even bigger year ahead! We're expanding into more markets, and growing the core range to meet customer demand, so will be launching other products soon. I want to make By Caprice Home one of the biggest home brands in the world, and I'm really proud of how it's evolving."

### CAREER REFLECTIONS

**Motto:** "The harder you work, the luckier you get. I am blessed with the career I continue to have."

**Highlights:** "Being able to travel all around the world. I have been to some incredible places I will never forget. Also, landing my first licensing deal in 2006, which kickstarted my business empire. Then buying the licence back – the brand has grown from strength-to-strength ever since."

**Any regrets?** "I turned down the lead in 'Baywatch' after Pamela Anderson left. I should have kept my eye on my back pocket... I thought I was too big for the show. In hindsight, I wished I hadn't overlooked the opportunity as it would have been really fun!"

For further info, visit [capricebourret.com](http://capricebourret.com). Follow Caprice on Instagram: @capricebourret. Caprice is Patron of Bion Future Research at Brunel University and Women's Aid spokeswoman.

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INTERVIEW



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# MailOnline

## Caprice Bourret, wows in a plunging red dress and towering stilettos as she joins Strictly's Shirley Ballas for the launch of When Jazz Meets Flamenco

By LYDIA SPENCER-ELLIOTT FOR MAILONLINE



Happy: Inside both Caprice and Shirley Ballas posed for a snap with the show's star Karen Ranyo, as she showed in an eye-catching red gown



Fab: The star was joined by Strictly's Shirley Ballas who looked effortlessly chic in a black roll neck and matching blazer



# Mail Online

## Caprice Bourret showcases her toned legs in a dazzling silver mini dress and neon trainers as she heads to TV appearance in Peterborough

By CALLUM WELLS FOR MAILONLINE



Generational: Caprice Bourret flashed her toned legs in a dazzling silver mini dress as she made a stylish arrival at *Real World TV* in Peterborough on Wednesday



Legs for days: The model, 43, flashed her toned pins in a tiny silver mini dress and kept things comfy in a pair of lime green Fila trainers



Stunning: Holding a royal blue garment from its hanger with her left hand, the *Vogue* cover star clutched an emerald green holdall ahead of her TV appearance



Centre of attention: The former *Dick Oshea* spokesperson put her jogging experience to good use while working up a sweat in order to get to the venue on time



Glam: The businesswoman's By Caprice Home brand is stocked by the TV network and launched in 2016, following a successful homeware collection in 2006



Duvet day: Candice posed for a glamorous photoshoot while promoting her latest bedding selection last year

# Mirror

## Caprice Bourret goes for all-out glam in bid to score her own TV show

Former Dancing On Ice star Caprice Bourret looked incredible as she stepped out in London for a meeting with Ideal World TV



Caprice Bourret showed off her physique in a skintight dress (Image: BACKGRID)



She looked incredible (Image: BACKGRID)



The TV star looked glam as she emerged from the car (Image: BACKGRID)



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# PRESS

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# Mirror



The model with husband Ty Comfort (Image: Instagram)

Caprice met financier Ty in 2011, after being introduced by a mutual friend, and went on to have two children together – Jett and Jax.

They wed in 2019, and she confessed that exchanging vows with Ty has changed her approach to relationships.

“Even if we have fights, being married is a different mentality. There’s no saying, ‘I’m leaving,’” she said.

Caprice previously described her husband as the love of her life, and said they have sex regularly.



The model-turned-businesswoman said doing the deed will only last ‘five to 10 minutes’ (Image: Joe Maher/WireImage)

“I have a drop-dead gorgeous partner, so [I have sex] two to three times a week.”

The couple decided to use a surrogate to extend their family, after doctors told Caprice she would be unable to get pregnant, but just one month into the process, Caprice discovered she was carrying her own little bundle of joy.

“Words can’t describe our happiness when we knew we were expecting two miracle babies,” she said at the time.



# Mirror

## Caprice Bourret looks sexy as she steps out in microscopic denim shorts

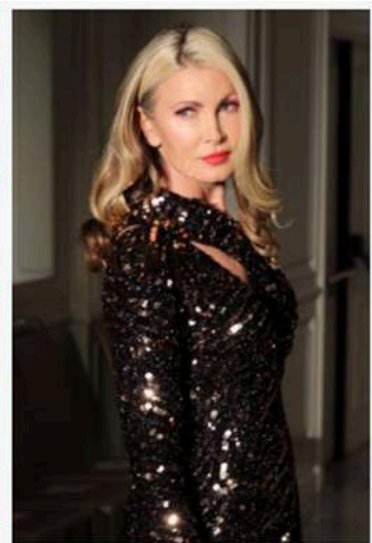
Model Caprice Bourret slipped her figure into a pair of skimpy denim shorts and a hilarious slogan T-shirt



Caprice looked amazing in the daring outfit (Image: BACKGRID)



The TV personality was spotted outside her West London home (Image: Joe Maher/WireImage)



She caused outrage on the Jeremy Vine show in March (Image: Martin Evans / SplashNews.com)



# THE Sun



Showbiz > Bizarre

## **CLASSY CAPRICE** Caprice looks sensational as she flashes her long legs in plunging red mini dress

Stella Akirwumi



Caprice looked incredible as she reclined on a white sofa

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# PRESS

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# THE Sun

## CRIMSON CAPRICE Caprice, 48, shows off her endless legs in sparkly mini dress

Daniel Sperling



The businesswoman wows fans with her glamorous looks (credit: the features)



The mum of two looks fabulous in metallic gowns (credit: the features)



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PRESS

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**THE**  
**Sun**



Showbiz > Celebrity

**'MOST MAGICAL'** Caprice, poses in neon green bikini and calls Santorini holiday 'best ever' despite recent terrifying robbery

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# PRESS

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# THE Sun



Caprice took to her Instagram page to praise her 'magical' Santorini holiday  
Credit: [instagram.com/capricabourret](https://www.instagram.com/capricabourret)



The Dancing On Ice star headed to the Greek island shortly after her Ibiza holiday  
home was robbed of £40,000 of jewellery Credit: [instagram.com/capricabourret](https://www.instagram.com/capricabourret)



Caprice posed in a flattering lime green bikini which showed off her toned figure  
for her latest Instagram snaps Credit: [instagram.com/capricabourret](https://www.instagram.com/capricabourret)



The former model has been enjoying some family time while soaking up the  
sunshine Credit: [capricabourret/instagram](https://www.instagram.com/capricabourret)



Caprice confessed she was left 'traumatised' after the break in at her Ibiza holiday  
home, pictured Credit: [capricabourret/instagram](https://www.instagram.com/capricabourret)



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PRESS

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**THE**  
**Sun**

**CAP FOR CARERS** Dancing on Ice star  
**Caprice Bourret delivers care packages**  
**to NHS nurses after backing The Sun's**  
**Who Cares Wins appeal**

[Howell Davies](#)



# THE Sun

## HELP OUR NHS Model Caprice backs The Sun's £1million Who Cares Wins appeal for NHS heroes fighting coronavirus

Ellie Henman | Sarah Arnold

4 Apr 2020, 23:24 | Updated: 4 Apr 2020, 23:53





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PRESS

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# MailOnline

**Caprice EXCLUSIVE: Model looks sensational in photos taken by her step-daughter, 12, as she's styled by her sons, 6, for the shoot in their stunning Notting Hill home**

By [ELLIE PHILLIPS FOR MAILONLINE](#)



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PRESS

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# Mirror

**Caprice unveils secret to her youthful looks – standing in “-100 degree” freezer every day**





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PRESS

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**Mail**Online

**Caprice gets into FURIOUS row with medical expert over coronavirus on Jeremy Vine Show as she shares views on how best to halt pandemic's spread**



# MailOnline

## Caprice Bourret stuns in a plunging pastel blue midi dress as she receives Celeb Mum of the Year award on International Women's Day

By RAVEN SAUNT FOR MAILONLINE





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PRESS

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**METRO** NEWS... BUT NOT AS YOU KNOW IT

## Caprice Bourret shows off her best model poses in honour of brain tumour awareness month



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# PRESS

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**elitebusiness**

Inspiring Britain's SME Entrepreneurs

Model turned CEO Caprice Bourret believes business is still a “man’s world”, but it is getting better





**HELLO!**

## **Exclusive: Dancing on Ice star Caprice opens up about one-stone weight loss**

The model is taking part in the next series of Dancing on Ice

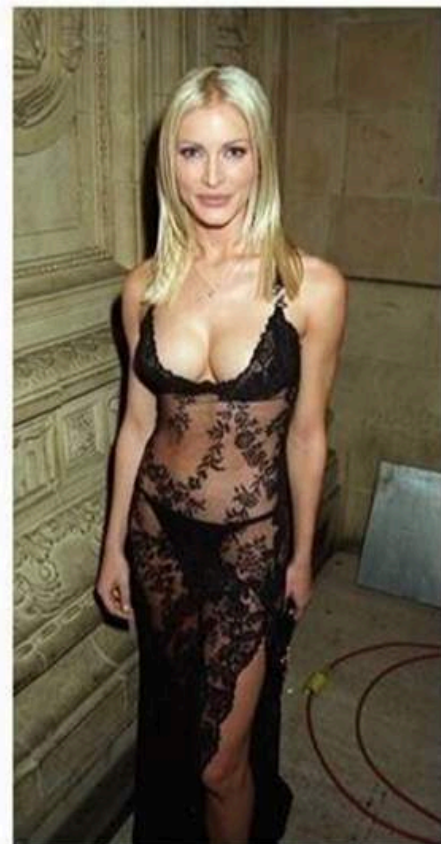


# THE Sun

## Dancing On Ice's Caprice reveals body transformation as she boasts she looks as good as she did in her twenties

[Mary Gallagher](#)

2 Dec 2019, 0:01 | Updated: 1 Dec 2019, 23:37





# Mail Online

**Duvets at dawn! Kylie Minogue's decor brand loses a two-year legal battle after accusing company behind model Caprice Bourret's homeware range of copying its bed linen designs**



# CelebsNow

Home / Latest Celebrity News

## EXCLUSIVE: Dancing on Ice's Caprice Bourett reveals her secret formula that's helping her skate







SUNDAY EXPRESS

In the closet with

The supermodel turned entrepreneur reveals the secrets behind her style Words and styling by Katy Galie

Caprice Bourret

Caprice, 47, is the founder and CEO of By Caprice Home, a successful bedding line situated in major retailers around the world. She is best known for her former modeling career and has starred in reality TV shows... including Ag Brother and Castle On The Farm. She will also be appearing on the 2012 series of Dancing On Ice. Caprice lives in London with her partner, 51, children, and two dogs, Joe and Ann.



What are... I love acting. I really enjoyed filming Castle On The Farm - it's a Reagan TV show and it's really funny. I made some really good friends on that show. Do you find it hard juggling even life and work? Yes, it's difficult, who isn't? I love it, but having time is the best thing I ever did. How would you describe your style? Classic. About 100 years ago it was rock 'n' roll, it was actually really bad. But now I dress very classic and timeless. I love my A-line dresses - Julia light but to the knees. I love showing a bit of skin. You could wear all my dresses in five years' time and they would still be fashionable. What's your favourite piece of clothing? My basic black dress, I love them. They hide the tummy and bumps on a bad day. I have about 20 of them. Which colour suits you best? I love purple. I think it's because of the purple hair and lavender skin. I love bright colours - it's just all about happy colours. What is your favourite fashion and I loved the Dorothea and Dorothea, with the big huge shoulder pads. It seemed so fresh and glamorous. It was all about the glam and to wear so many diamonds as possible. Nothing was too over the top. It was very fun - all about glam, bright eye makeup and hot shoes. Who is your style icon? I love the mix of Jane Birkin's dresses - she always looks so classic and perfect all the time. Even when she looks really relaxed, she always looked perfect. Do you ever miss high-fashion or high-end? I miss it but I think I can't miss high-end. As my career progressed, it's really hard to get the right cut of a shoe or the right colour. I would go for a pair of shoes - they get it right, they get it really right. Which is your favourite high-fashion shoe? I don't know, they do fashion all the time. Any favourite designers? Kate Perry is my favourite designer. Not in high fashion. I also love a lot of David. The designers in high end don't necessarily impress - it's the things that they do in their own way. I think it's the things that they do in their own way.

Photo: A. J. - 2010/10/10/10/10

FASHION



FASHION
Caprice wears more designer handbags, blue and gold and black.
Caprice also wears fitted and dresses, like the Alice Perry number.
A few drawings and letters from her home, which she likes to bring.



# Caprice Bourret: 'Absolutely ridiculous' Celebs on the Farm star on why she wanted to quit

CAPRICE BOURRET, a model turned businesswoman, has admitted she wanted to quit Celebs on the Farm after realising how challenging the tasks were on the show.





**new!**

EXCLUSIVE  
**'I'm too busy to sleep!'**

Caprice opens up about her busy life as a working mum as she joins *Celebs On The Farm*

**T**he last time we chatted to Caprice Bourret she vowed she'd never do another reality TV show, but the model-turned-entrepreneur couldn't help but say yes to getting her hands dirty in *Celebs On The Farm*.



With her fellow farmhands

"I absolutely refuse to do any of these toxic, nonsense reality shows, but it wasn't one of those," she tells us. "It was just a real feelgood kind of show."

As well as getting stuck in on the farm, she has been busy with her business *By Caprice* and is bringing up her six-year-old sons Jett and Jess.

When it comes to balancing work with motherhood, she tells us it's "not easy" and that she finds herself living on green tea due to lack of sleep! But the star admits the good outweighs the bad and says being a mum is her most rewarding role.

Here, Caprice tells *new!* her secret to looking fab at 47 and reveals what it was like filming with "diva" James Argent...

**You're a busy woman, Caprice! How do you juggle work with motherhood?**

You just don't sleep. I swear I live on matcha tea all day long! It's not easy. Before I had kids, I said I'd get babysitters and it would all be fine and my life wouldn't change. That was the biggest load of bullshit I've ever said! **What's your favourite thing about being a mum?**

It's the most rewarding thing and if I could do it again, I wouldn't have waited until I was 40. I would've started having kids at 20 and had about 10! But I'm so grateful that I have these two beautiful boys.

**What new challenges are you facing as the boys get older?** Homework! I'm doing it with them and sometimes they're getting the



**INTERVIEW**

answers right and I'm getting them wrong and I'm thinking, "Am I dumb?" And they're emotionally maturing so there are more play dates now.

**You look amazing. What's your secret?**

I've had my party days, for sure. I never did drugs, but I did drink a lot of alcohol back in the day. But I've always eaten really well and stayed away from meat. Now I have my facials and I swear by drama rolling. You've got to look after yourself starting young and it will pay off in the long run.

**Tell us about your experience on *Celebs On The Farm*...**

I have a newfound respect for farmers - it's a tough life! I ended up smelling like cow poo for two weeks. We were shovelling cow shit for about 40 minutes and I was getting it in my hair and on my skin. **Gross! Which celebs did you get on best with?**

Charlie Edwards was like my little brother. He's a boxer, but behind

the badass exterior he's a sweetie. **Was anyone a diva?**

Arg! I love him by the way, but he was a little bit of a diva. Let's just say he was good TV.

**What's been the highlight of your career so far?**

Being able to make money off the back of the way I look. I was never the prettiest, tallest or skinniest, but I made it work and created a very lucrative business out of it. **When you first launched *By Caprice* in 2006, did you think it would be so successful?**

I didn't think it was going to be as hard and I'd be working non-stop! I've been lucky because I've licensed it out and now we're expanding. I couldn't have done that on my own when I was doing everything by myself.

GEORGIA TREVITT

*By Caprice Home* is available from [Dunelm.com](http://Dunelm.com). *Celebs On The Farm* series two continues weeknights at 9pm on E5STAR



After modelling, she launched *By Caprice*



**TRUE LIFE & CELEB SPECIAL SERIES**

# Closer homes

**DESIGNER LOOKS ON A BUDGET**

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**Closer**
**THROUGH THE KEYHOLE**

**CAPRICE**

## ‘Our house used to be a nightclub’

When Caprice, 42, gave us the grand tour of her huge London property, let’s just say we didn’t want to leave

**A**fter Caprice went to work at what was then the world’s largest fashion retailer, she spent her days in a high-profile, high-pressure environment. The house she lives in now is a testament to her success. It’s a sprawling, modern property with a glass staircase and a gym. Caprice says she didn’t want to leave her house because it’s so close to her work. She also loves the fact that it’s so close to the city. She says she’s never had a bad day at work because she’s always close to home.

**STATEMENT STAIRCASE**  
The glass staircase is a real statement piece. It’s a modern touch that adds to the overall aesthetic of the house. Caprice says she loves the way it looks and how it makes the house feel more open and airy.

**MADE TO MEASURE**  
The sofa in the living room is a custom-made piece. Caprice says she wanted something that was both stylish and comfortable. She worked with a designer to create a piece that perfectly fit her needs.

**WINE & DINE**  
The dining area is a perfect spot for entertaining. Caprice says she loves the way the space is designed and how it makes her feel when she’s with her friends and family.

**PLAY TIME**  
The kids’ room is a fun and functional space. Caprice says she wanted a room that was both playful and practical. She worked with a designer to create a space that perfectly fit her needs.

**ART ATTACK**  
The art collection is a real statement piece. Caprice says she loves the way the art adds to the overall aesthetic of the house. She worked with a gallery to create a collection that perfectly fit her needs.

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**CLOSET**
**THROUGH THE KEYHOLE**

**‘My bedroom is my haven’**

Caprice says her bedroom is her favorite part of the house. She loves the way it’s designed and how it makes her feel when she’s in there. She worked with a designer to create a space that perfectly fit her needs.

**PRICE OF GLASS**  
The glass staircase is a real statement piece. It’s a modern touch that adds to the overall aesthetic of the house. Caprice says she loves the way it looks and how it makes the house feel more open and airy.

**SOFT DAYS**  
The sofa in the living room is a custom-made piece. Caprice says she wanted something that was both stylish and comfortable. She worked with a designer to create a piece that perfectly fit her needs.

**STEAL HER STYLE**  
Caprice’s style is a mix of modern and classic. She loves the way she’s put together her home and how it reflects her personality. She worked with a designer to create a space that perfectly fit her needs.



# PRESS



SUPERMODEL SAYS ROD STEWART NEVER TOLD HER IT WAS OVER... & SHE SNUBBED BAYWATCH ROLE



## Caprice: Finally the Penny dropped

CAPRICE Bourke says she was shocked by Rod Stewart after Penny Lancaster lashed him with an ultimatum.

by NADINE LINGE

And the supermodel turned entrepreneur reacted when Stewart said when Rod told her she had been lying to him for weeks. "The angry man he had said on the show he had been lying Penny and 'scold me'!" she says. She had been a model for 15 years, but Penny Lancaster had been lying to her for weeks.

**Timeless**  
Rod was a successful businessman with two children, which was what she wanted. "The problem is, if you're a businessman, you're not a man," she says. She was a model for 15 years, but Penny Lancaster had been lying to her for weeks. "The angry man he had said on the show he had been lying Penny and 'scold me'!" she says. She had been a model for 15 years, but Penny Lancaster had been lying to her for weeks.



Caprice Bourke says she was shocked by Rod Stewart after Penny Lancaster lashed him with an ultimatum. She says she had been lying to him for weeks and that she snubbed a Baywatch role because of his behavior.

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Now BODY GOALS

# OH.MY.BOD!

'My figure isn't what it USED TO BE!'

**Model, actress and homeware designer Caprice Bourret, 47, shares her health secrets**

**Hi, Caprice! How do you keep fit?**  
When I was younger I had a trainer every day – it was my business. Now, I just don't have enough time, so, I've put on an extra 10lb and I've got cellulite. But you know what, my kids (four-year-old sons Jett and Jax) and I are happy and healthy. They come first.

**What was your favourite treat over Christmas?**  
Sleep – it's the only time of year everyone stops! It means I can rest and relax with my kids.

**Any fitness aims for 2019?**  
I'd like to join the gym again and start going regularly. I want to get back in shape. It's like meditation.

**What body part do you struggle to keep in shape?**  
After kids, my lower tummy – that's all gone to s\*\*t!

**Tell us what your guilty food pleasure is...**  
Pizza! With double cheese and double jalapeños on top.

**Any foods you always avoid?**  
Meat – it's quite hard on the digestive system and it always makes me feel so tired.

**When do you feel the most body confident?**  
This is the first time in my life where I'm aware that my figure isn't as great as it used to be. I'm more conscious when I buy clothes now. I know all the colours and the shapes that hide the bad and accentuate the good.

For Caprice Home, visit [DandM.com](http://DandM.com). See the whole range at [gobycaprice.com](http://gobycaprice.com)



**HEIGHT:** 5ft 8in  
**WEIGHT:** 9st 8lb  
**SIZE:** 8

## CAPRICE'S FOOD DIARY

Ashton Turner, nutritionist at London's Evolve, gives his verdict on her daily diet



### Breakfast 200 cals

Matcha latte with oat milk and fruit

**ASHTON SAYS:** Light breakfasts are absolutely fine, so long as you consume enough calories over a 24-hour period.



### Lunch 500 cals

Quinoa penne pasta with butter, olive oil, cheese and pepper

**ASHTON SAYS:** Fats like olive oil, butter and cheese add lots of flavour to food and shouldn't be avoided. But fats hold nine calories per gram, whereas protein and carbs have four – so be watchful of portion sizes.



### Dinner 400 cals

Sea bass with broccoli and green beans

**ASHTON SAYS:** White fish is a great meal choice. It's lower in calories due to a low fat content, but is also high in protein.



### Snacks 400 cals

Nuts, Doritos, sometimes a little cake dough

**ASHTON SAYS:** Having odd 'treats' in snacks is fine as long as they don't add too many calories to your diet.



## Total cals: 1,500

(GDA 2,000)

**ASHTON'S VERDICT** Great diet, but her calories and protein are too low. Getting the right daily calories is very important.

PHOTOS: DAVID J. PHILLIPS; STYLING: ALAMY/GETTY IMAGES



Business



## Supermodel Turned Entrepreneur

Caprice Bourret, former supermodel turned entrepreneur, writes for The Executive Magazine on her success both on and off the catwalk.

I'm a girl who came from a very humble background from a small town in Hacienda Heights, California. I didn't go to university and I wasn't bank rolled by anyone. Good old-fashioned hard work, passion, vision and the nerve to get out there and make something of my life is what drove me to the place I am today.

I don't believe that a successful business is luck. I believe the harder you work the luckier you get. There are no short cuts.

I have been subjected to stereotypes in the past and over the past 11 year of running By Caprice Products I have had to prove myself in business. Not many people believed in the company's abilities but slowly I proved the 'numbers' and more stockists began to buy into the brand. This is not saying retail is easy. Anyone working in retail knows how tough it can be. 'By Caprice' as a brand has continued to flourish and I am extremely proud of our achievements, but in the ever changing business landscape it is important for business owners to constantly analyse the market and strategise how they will grow.

Before I collaborated with Sadaqat I think it's important to note I had built a business that was actually making money but I didn't have the infrastructure to grow the business accordingly.

Also, a lot of the time in business the problem is people can become short-sighted, especially if your business is starting to make money, budding entrepreneurs be warned.

Sadaqat are the world's leading textiles suppliers and enterprises with offices in Manchester UK, London UK, New York and Australia. The licensing deal with Sadaqat was attractive an prospect for By Caprice Home. The business was going from strength to strength however I was trying to grow the brand to meet growing customer demand and I was trying to figure out an expansion plan/solution. Sadaqat have years of experience in the bedding world and they look after a host of household names including the licensing for Disney Europe. After months of meetings we decided to do a deal together.

Meeting the right partner was crucial. I am extremely hands-on with my business and it was so important to me that I have partners who have the same core brand values, integrity and passion as By Caprice.

Inevitably, it is better to have a small piece of an empire rather than owning the whole business on my own. I believe in order for a business to be sustainable their needs to be strong year-on-year growth and from a global infrastructure position, I understood the company limitations.

From a business perspective the brand will be more lucrative, there will be higher returns and we are able to expand into more territories quicker and grow product offering more seamlessly.

Due to Sadaqat's global market experience, we are able to cater to different regional tastes.

By Caprice Home are also now in a position to react to growing trends and customer demand more confidently and effectively. This is the next growth phase for the business and we can now really get in line with the brand's potential.

The Sunday Telegraph

The Sunday Telegraph Sunday 9 December 2018

The Sunday Telegraph

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# Money



Caprice  
'I love money,  
I am loud and  
proud on this'

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## 'I rejected £50k to show up at a party'

A Versace dress turned Caprice into a star overnight, making her £1m within a year, she tells Roz Lewis

**C**alifornia-born Caprice Bourret came to fame as an international model before she became an entrepreneur. She started her own lingerie business in 2000 and has now expanded the range to include homeware.

Her television appearances include *Being Caprice* (2005), *Celebrity Big Brother* (2005) and *The Jump* last year. Caprice, 47, lives with her partner, Ty Conhart, in London and has two sons, Jax and Jeff, both five.

How did your childhood affect your attitude to money? My mother was a workhorse. She was a single mom with two children to raise, which is not easy. She worked incredibly hard, running her own business. She was my inspiration. I believe the harder you work the luckier you get.

Have you ever worried about how you would pay the bills? Yes. When I first started out in modelling in the States, I was living



on bagels and pea Thai, as that was all I could afford. I think going through something like that builds character and makes you hungrier for success.

What was your first wage packet? I was a sales girl in a shop called Red Eye when I was 18 and then I was the hostess with the mostest at this very posh restaurant called the Top of the Brea. The sales job was the basic going wage but I did get tips at the restaurant, which were very welcome.

What has been the best-paid part of your career so far? Modelling days were a rollercoaster. One year I was making millions, the next not so much, but it was a lucrative time. I earned my first million within a year of appearing at the NTV Awards show, wearing a Versace dress. I lived life to the fullest, treat me. Money was flowing in. If I was booked for a 45-minute appearance for £15,000, it would be an extra £5,000 if the time overran. A 10-day shoot for £24,000 was pretty normal. I turned down



Read our full series of Fame & Fortune interviews [telegraph.co.uk/go/fame](http://telegraph.co.uk/go/fame)

an offer of £50,000 just to turn up at someone's party. In retrospect it was quite easy money compared to the actual job of running a retail business.

My business has been more lucrative but I have had to work much, much harder at it.

Was your singing career a success? Financially I did very well. I released a couple of singles and made about half a million out of that whole stunt. I got a very big deal from Virgin and did

sell-out gigs all around the country. It was lucrative and fun.

At that time, in my modelling career I made a lot of money out of cutting deals with photographers to get a 60-40 split on the syndicated rights from images they had taken.

Back then, the rights to a cover image reverted from the magazine to the photographer after publication. As I could choose the photographer to shoot my cover, once I found out how much they were making from those images I decided I wanted to get something better out of the deal. I would make six figures just on syndication but those days are over now.

What has been your best business decision? The transition from modelling to starting my own business when I was at the top of the game. I knew that it wouldn't last forever, so I had to think of a way forward. Setting up a licence deal with Debenhams was a big move. I was one of the first to cultivate the culture of celebrity endorsements.

I then bought back the licence in 2017 for £250,000 so I could control

And your worst? Not taking notice of the financial crash warnings. Some of us knew it was on the cards but didn't want to believe it.

I was also very naive about exchange rates. I was doing exchanges on the spot and I lost so much money in a short space of time - £1.6m, which really hurt. I had to change my whole business model. It was a tough time for a lot of people but I learnt so much. I will never lose that kind of money again.

Are you a saver or a spender? The days of buying extravagant cars and clothes, or even going first class, are over. Back in the day I really enjoyed spending money on myself. Now I'd call myself a saver. Out of every £10 I earn, I save half for my children. I want them to go to good schools and to university and to be set up so they have a good future.

Do you have a financial adviser? No. I have used them in the past and it didn't turn out so well, so I am just not interested. If I ever lose money I want to blame myself and not be mad at myself for trusting someone else.

Is there anything you don't like about money? I am the first to tell you that I love money. I am loud and proud on this. I am very American. I have worked hard and am very proud to be where I am today.

Do you give to charity? Yes, giving back is important. I give money and am also patron of the Wyman's Trust, Brain Cancer Research and Jewish Care. I believe in the ethos of making a difference.

Does money make you happy? Heck yes. Money is a business and I love business. I know what it is like not to have money. My mother drilled into my head that if a woman has money she has options. I think that financial independence brings you happiness.

Caprice stars in *Hubbly*, an Amazon Prime film January. By Caprice Bourret is available at [mibcaprice.com](http://mibcaprice.com)





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FACETIME WITH

# CAPRICE

The model and mum of two talks health scares and juggling work with family life

Interview **Suzanne Baum**

**SHE FIRST HIT** headlines over 20 years ago with her striking features, but supermodel Caprice is more than just a pretty face. Not only has she branched out into acting, she juggles running her business empire, *By Caprice*, with raising two sons. Somehow, she also manages to maintain a healthy lifestyle - on days when she's not pigging out on pizza!

**Caprice, you're glowing. What's the secret to looking so good at the age of 46?**

I think your state of mind is important. I'm a happy person and thankful for everything that I have created in my life, from work to family. It's nice to accept things as they are and not continually wish for more.

**How many magazine covers have you been on?**

In total, I think I have been on over 350 front covers. My most memorable ones would have to be *Vogue*, *The Sunday Style* and *The Sunday Times Magazine*.

**You've always been in such good shape. What exercises do you swear by?**

In my life, it's so hard to get to the gym so I compensate by walking the boys to school.

Plus, I'm always running up and down the three flights of stairs at home, instead of taking the lift.

**Do you ever work out with your husband?**

We love to do hikes together. Every weekend we take long walks with our children in the park, or along Portobello Road.

**How important is it to you that your kids are into fitness?**

They're naturally sporty so I don't need to convince them to enjoy it. At the moment, they love karate, skateboarding and football. When you have boys, you have to keep them active as they always have a lot of energy!

**We all know it's important to exercise regularly, but do you ever just pig out on chocolate?**

Heck yes! I have binge days just like anyone else. But chocolate isn't a favourite - it's all about pizza with double cheese and jalapeños!

**You had a horrible scare last year with a brain tumour diagnosis. How did you deal with it?**

The first thing that comes to mind is: how do I deal with this in a way that is best for my children? I chose not to tell them as I didn't want to worry anyone. The surgery was risky but I had to do it, and I knew I'd be okay!

**Do you think being healthy and fit helped you cope better with your recovery?**

Being in good health helps with everything in life, but for me it was a positive attitude that got me through.

**Are you working on any future projects at the moment?**

I've been getting back into acting - I have a short film coming out in July called *In2raders* on Amazon Prime. I play a ruthless CEO who will do anything to get what she wants. On the business front, I have just signed a global licensing deal with *Soligat*, the world's leading home and bedding suppliers. We will also be developing *By Caprice Home's* core product line. It's going to be such an exciting year ahead!

'Being in good health helps with everything in life'

**How do you juggle all of this while being a mum?**

There really is no perfect formula. You have a lack of sleep and no time for yourself, but I love every single second of being a mum and running a successful business. 🍕



Caprice's homeware brand, *By Caprice*, is stocked throughout the UK - visit [polycaprice.com](http://polycaprice.com) for info

celebritysecrets.com  
**CELEBRITY SECRETS**